

{ The Lineup™ }

Date:

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M T W TH F SA SU

DAILY PLAYERS ▶ Role Details

DAILY PLAYER	NOTES
<input type="checkbox"/> First Thought <i>Headline to start your day</i>	
<input type="checkbox"/> Quiet Time—AM <i>Moments just for your thoughts</i>	
<input type="checkbox"/> Read Time <i>Tackle your reading list</i>	
<input type="checkbox"/> The Big Moment <i>What matters most in the day</i>	
<input type="checkbox"/> Daily Scan <i>Looking ahead and behind</i>	
<input type="checkbox"/> Quiet Time—PM <i>Moments just for your thoughts</i>	
<input type="checkbox"/> Final Thought <i>Headline that wraps up your day</i>	

Daily Players are needed to compete every day. Their planned presence and performance are essential to consistently defeat the noise day to day.

SPECIALTY PLAYERS ▶ Role Details

SPECIALTY PLAYER	NOTES
<input type="checkbox"/> Presence of Mind <i>Thinking about your thinking</i>	
<input type="checkbox"/> Rhythm of Repetition <i>Using words & phrases to focus</i>	
<input type="checkbox"/> Mute More Often <i>Say no to devices & distractions</i>	
<input type="checkbox"/> Take 5 <i>Focus on one thing for 5 minutes</i>	
<input type="checkbox"/> Present Listening <i>The quality of your listening</i>	
<input type="checkbox"/> Brevity <i>Communicating clearly & concisely</i>	
<input type="checkbox"/> Other <i>Alternate ways to manage noise</i>	

Specialty Players give you options to adjust your ongoing game plan. Their presence gives you unique ways to focus on winning moment to moment, day to day.

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